

Choose Your Skier Type



Selecting Your Skier Type is Your Responsibility!

Your skier type, height, weight, age and ski boot sole length are used by the shop technician to determine the release/retention settings of your ski bindings. It is important to provide accurate information. Inaccurate information may increase your risk of injury.

Consult the following descriptions to select your Skier Type.

Type I Ski Cautiously

- Prefer slower speeds.
- Prefer cautious skiing on smooth slopes of gentle to moderate pitch.
- Prefer lower than average release/retention settings.
- Prefer an increased risk of inadvertent binding release in order to gain increased releasability in a fall.
- Entry-level skiers uncertain of their classification.

Type II Ski Moderately

- Prefer a variety of speeds.
- Prefer to ski on varied terrain.
- Skiers not classified as either Type I or Type III.
- Prefer average release/retention settings appropriate for most recreational skiing.

Type III Ski Aggressively

- Prefer faster speeds.
- Prefer fast and aggressive skiing on slopes of moderate to steep pitch.
- Prefer higher than average release/retention settings.
- Prefer decreased releasability in a fall in order to gain decreased risk of inadvertent binding release.

If, from experience, you have been dissatisfied with the release/retention settings that result from your normal skier classification, or if you have some other special concern, you may wish to select lower or higher skier classifications ((Type -I) or (Type III+)) or select skier type designations that are different for twist and forward lean. Mention your dissatisfaction to your binding technician.

(Type -I) is for skiers who desire lower release/retention settings than Type I and will further increase the risk of inadvertent binding release in order to gain increased releasability in a fall.

(Type III+) is for skiers who desire higher release/retention settings than Type III and will further decrease releasability in a fall in order to gain decreased risk of inadvertent binding release.

Selecting your skier type is up to you. It's your decision and nobody else can make it for you. Once you choose your skier type it's used along with your weight, height, age and ski boot sole boot length to determine the release/retention settings of your ski bindings. Please provide accurate information as inaccurate information may increase your risk of injury. Below are some details about the 3 types and more description to help you select your skier type.

Type 1 Skier

A type 1 skier prefers skiing cautiously and at slower speeds. This skier is most comfortable on smooth slopes of gentle to moderate pitch. As a type 1 skier you prefer lower than average release/retention settings so in the case of a fall your bindings are more likely to release. A type 1 skier is an entry level skier uncertain about their classification.

Type 2 Skier

A type 2 skier prefers a variety of speeds. A type 2 skier will ski on varied terrains and explores different parts of the mountain. If a skier cannot decide that they are a 1 or 3 they are a 2. A type 2 Skier prefers average release/retention settings appropriate for most recreational skiing.

Type 3 Skier

A type 3 skier prefers faster speeds. A type 3 skier likes going fast and skis aggressive on slopes of moderate to steep pitch. Type 3 skiers prefer higher than average release/retention settings. As a type 3 skier they prefer decreased releasability in a fall in order to gain a decreased risk of inadvertent binding release.

Some skiers from experience have been dissatisfied with the release/retention settings from their normal skier classification. If you have a special concern you may wish to select a lower or higher skier classification. These skiers may wish to select lower or higher skier classifications or select skier type designations that are different for twist and forward lean. Mention any dissatisfaction to your binding technician.

Type -1 Skier

A type -1 skier is for skiers who desire lower release/retention settings than type 1. This will further increase the risk of inadvertent binding release but will gain increased releasability in a fall.

Type 3+ Skier

A type 3+ skier is for skiers who desire higher release/retention settings than that of a type 3. This will further decrease releasability in a fall but will gain a decreased risk of inadvertent binding release.